



Factors Affecting the Teaching and Learning Process According to Islamic Education Philosophy

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Abstract

The teaching and learning process in the perspective of Islamic education is influenced by various factors involving intellectual, spiritual, social, and physical aspects. This study aims to identify the main factors that influence the teaching and learning process according to the philosophy of Islamic education. This study uses the Systematic Literature Review method. With this research method, the researcher reviews and identifies journals systematically in the Google Scholar database and several online books. The literature analysis shows that the factors found include spiritual aspects and sincere intentions in learning, harmonious relationships between teachers and students, a conducive educational environment, and teaching methods that prioritize dialogue and a humanistic approach. Additionally, motivational factors stemming from the intention to seek knowledge for the benefit of both this world and the hereafter, parental and community involvement, and the importance of teaching ethics and character also play a significant role in shaping educational success. The results of the study show that Islamic educational philosophy emphasizes a balance between the aspects of reason and heart in the learning process, which aims not only to acquire knowledge but also to shape noble character in each individual. This study also provides insight into how these factors interact in shaping an effective and meaningful teaching and learning process.

INTRODUCTION

Education is one of the most important aspects of human life, especially in terms of developing one's potential and shaping good character (Amaliyah & Rahmat, 2021). From an Islamic perspective, education is not only aimed at acquiring knowledge but also at drawing closer to Allah, cultivating noble character, and developing a balanced personality between physical and spiritual aspects (Faiz Ahdan Hawari et al., 2024; Wijayanti & Sugianti, 2025). Therefore, the teaching and learning process in Islamic education must consider various factors that influence its success and effectiveness (Sholihah & Maulida, 2020).

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In education, there must be teaching and learning activities. Learning is the ability of an individual to perform tasks through various experiences (Asfuri, 2020; Mytra et al., 2022). Teaching is an activity that shapes the knowledge of a student. Therefore, the teaching and learning process in Islamic education must consider various factors that influence its success and effectiveness.

The philosophy of education is a science that essentially provides answers to questions surrounding education (Engkizar et al., 2025). Islamic educational philosophy provides a deep foundation of thought regarding the goals, methods, and strategies of education to solve educational problems that originate from Islamic teachings as a guide for the implementation and development of Islamic education so that it has a positive impact on the lives of Muslims. In this context, the factors influencing the teaching and learning process are closely related to the principles found in Islamic teachings, such as intention, motivation, environment, and the role of the teacher as a guide who sets an example. Islam emphasizes the importance of education focused on character development and faith, not merely academic achievement. Therefore, understanding the factors influencing the teaching and learning process within the context of Islamic educational philosophy is of great importance (Fajriyani & Murniyetti, 2022).

METHOD

The method used in this study is the Systematic Literature Review method. The researcher conducted this by identifying, reviewing, evaluating, and interpreting all available research (Habibi & Artha Glory Romey Manurung, 2023). Using this research method, the researcher conducted a review and systematically identified journals, following the established steps in each process. Based on the above stages to support this research, the researcher collected journal articles from the Google Scholar database and several online books. The articles collected were only those published between 2014 and 2024. From the various articles, the researcher selected eleven articles related to the keywords used. The researcher selected eight online books related to the keywords used. This study aims to provide readers with a comprehensive understanding of the factors that influence the teaching and learning process according to Islamic educational philosophy. It is hoped that readers will gain stronger motivation and deeper insight to conduct research using various methods and concepts by applying literature review in their research properly and correctly, thereby producing high-quality written works.

RESULTS AND DISCUSSION

Education plays an important role in the development of a nation. Education is capable of producing quality human resource (Engkizar et al., 2018; Mardhiyah et al., 2021). Law Number 20 of 2003 concerning the national education system states that education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have spiritual and religious strength, self-control, personality, intelligence, noble character, and the skills needed by themselves, the community, the nation, and the state. Education inevitably involves a teaching and learning process that helps educators educate students in the classroom (Sanjani, 2020; Sudi Mayenti Sormin & Istoto Rahardjo, 2024). In the Quran, Allah has also explained that learning is expected to bring about positive changes in human beings. As stated in Q.S. Al-Hajj/ 22:54:

وَلِيَعْلَمَ الَّذِينَ أُوتُوا الْعِلْمَ أَنَّهُ الْحَقُّ مِنْ رَبِّكَ فَيُؤْمِنُوا بِهِ فَتُخْبِتَ لَهُ قُلُوبُهُمْ وَإِنَّ اللَّهَ لَهَادِ

الَّذِينَ آمَنُوا إِلَىٰ صِرَاطٍ مُسْتَقِيمٍ

Meaning: *So that those who have been given knowledge may know that it (the Qur'an) is the truth from your Lord, so that they may believe and their hearts may submit to it. Indeed, Allah is the Guide of those who believe to the straight path.*

The verse above aims to ensure that those who have been given intellectual and spiritual knowledge believe that the Quran is truly from your Lord and cannot be infiltrated by the words of Satan; then they believe in the Quran with certainty, and their hearts submit to it without the slightest doubt. Indeed, Allah is the Guide for the believers to the straight path, the religion of Islam that is pure, because their minds, emotions, and spirits are illuminated by the light of Allah. By understanding this verse, we are encouraged to enhance our awareness of the importance of knowledge and faith in our daily lives as part of our spiritual journey.

The bond between knowledge and faith is very strong, for faith without knowledge is meaningless, and vice versa. It is important for everyone to enhance both knowledge and faith, and this requires a process of teaching and learning (Engkizar et al., 2025). Teaching and learning are closely related to the process of change. However, not all processes of change can be considered teaching and learning. The objectives of teaching and learning in Islam are to seek sustenance in this world, salvation in this world and the hereafter, and to strengthen moral character (Darsyah et al., 2023; Syamsurizal Yazid & Luthfi Anis Muadzin, 2025).

Teaching and learning also has factors that influence its process. The factors influencing students' teaching and learning can be divided into three types (Engkizar et al, 2025; Muhibbin, 2024). First, internal factors (factors from within the student), namely the physical and mental condition of the student. Second, external factors (factors from outside the students), namely the conditions of the environment surrounding the students. Third, learning approach factors, namely the types of learning efforts made by students, including the strategies and methods used by students to engage in learning activities for lesson materials (Rahmah et al., 2022; Samsudin, 2020).

Internal and External Factors Affecting Teaching and Learning

Factors affecting teaching and learning are divided into two groups. First, factors that exist within the organism itself, or what we call individual factors. Examples of individual factors include maturity/growth, intelligence, practice, motivation, and personal factors. Second, factors outside the individual, which we refer to as social factors. Examples of social factors include family factors (household), teachers and their teaching methods, tools used in teaching and learning, environment and available opportunities, and social motivation. Islamic educational philosophy emphasizes the importance of teaching and learning processes that focus not only on academic aspects but also on character and moral development (Adliyah et al., 2024; Brutu et al., 2023).

Internal factors that influence this process include; i) physical and psychological conditions, as students' physical and mental health greatly affects their ability to learn. In Islam, maintaining physical health is part of worship (Esa Shaquille Aufa et al., 2024). Students who are physically and mentally healthy tend to be more focused and active in learning, ii) motivation, interest, and intention, the level of students' motivation to learn is very important. High interest in the subject matter, especially in Islamic religious education, can increase student engagement in the learning process (Nofmiyati et al., 2023).

Proper intention in learning is an important aspect according to Islamic educational philosophy. A learning process grounded in sincere intention to seek knowledge for the betterment of oneself and the community will yield blessings. Strong motivation to master knowledge, not only for worldly interests but also to achieve happiness in the hereafter, is very important in Islamic education. Cognitive

ability, students' intellectual ability, including how they understand and analyze information, is also an important factor. Students with good cognitive ability will find it easier to absorb lesson material (Nuraeni & Syihabuddin, 2020).

The importance of moral education, one of the main factors in Islamic education is the emphasis on moral education (Engkizar et al., 2023). Education does not only focus on intellectual achievement, but also on character building. Students are expected to not only be intelligent, but also have good morals and be useful to society. iv) Islamic education strongly emphasizes the importance of spiritual aspects in the teaching and learning process. According to the Islamic perspective, the learning process is not merely about intellectual understanding of the material but also involves the purification of the soul and drawing closer to Allah (Nur'aini & Hamzah, 2023).

This spiritual factor influences students' motivation to learn with the right intention, namely to acquire beneficial knowledge and to worship Allah. Meanwhile, external factors include; i) family support, including how parents teach religious values, which has a significant impact on students' interest and motivation to learn. A positive family environment can boost children's enthusiasm for learning. Parents must play an active role in supporting their children's education, both morally, materially, and spiritually, ii) the school environment, school conditions, facilities, and social interactions within the school environment play an important role in the teaching and learning process.

Schools that provide a conducive learning environment can increase the effectiveness of learning (Jumrawarsi & Suhaili, 2021). Islamic education teaches that a calm, safe, and loving atmosphere supports more effective learning, iii) social support, interaction with peers, and support from the community also influence students' motivation to learn. A supportive social environment can provide additional motivation for students to excel. A community that supports Islamic education can create a conducive environment for the development of knowledge.

Educational Factors that Influence Teaching and Learning

The quality of teaching is greatly influenced by the competence and teaching methods of teachers. Teachers who are able to use varied methods that are appropriate to the needs of students will be more effective in teaching. In this case, teachers act as mentors who not only transfer knowledge but also guide students in their spiritual development (Putnarubun et al., 2022). A good relationship between teachers and students can create a comfortable and supportive learning environment. Teachers who know their students' interests and talents can adjust their approach. In Islam, teachers not only function as educators but also as role models (*uswah*) for students (Hagia Ginting et al., 2025). Good character, patience, and attention from teachers will greatly influence students' learning success. Students feel valued and motivated to study harder if they have a good relationship with their teachers (Engkizar et al, 2024; Febriani et al., 2020).

Teaching Methods

The use of teaching methods that are appropriate to the characteristics of students is very important. Lecture, discussion, or question-and-answer methods must be adapted so that students can more easily understand the material. Learning media, the use of interesting learning media can help students understand difficult concepts in Islamic religious education. This media serves to clarify the teaching material. Learning that uses a more humanistic approach and is based on experience (experiential learning). Evaluation or assessment in Islamic education aims to see the extent to which students can understand and apply the knowledge they have received. This evaluation is not only carried out formally but also includes an assessment of students' attitudes and morals in their daily lives (Natadireja & Nurachadijat, 2023).

CONCLUSION

Effective teaching and learning processes in Islamic education are not only determined by external factors such as family environment, school, community support, teaching methods, and facilities, but are also influenced by internal factors such as students' intentions and motivation. Sincere intentions in learning and strong motivation to achieve higher goals, namely to obtain Allah's pleasure, will strengthen the teaching and learning process. On the other hand, external factors such as a supportive educational environment, the role of professional and caring teachers, and the use of methods consistent with Islamic values also have a significant impact on educational success. The importance of evaluation in education should also be remembered. Overall, Islamic education teaches a balance between reason and heart in the learning process. Education that focuses on the intellectual and spiritual development of students aims to produce individuals who are not only intelligent but also have good character, so that they can benefit themselves and the community. Through an understanding of these factors, it is hoped that appropriate ways can be found to improve the quality of Islamic education, which not only develops intellectual intelligence but also shapes strong character and faith in students.

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